



COOKING IT!

with Roanoke Children's Theatre

What better way to learn than to do?

As part of our educational outreach mission, RCT offers SOL-compliant in-school residencies as a theatre enrichment option for schools in our community.

These programs come with study guides, in-class instruction by RCT's professional actors/educators, and follow-up materials. These courses can be offered over several days to a class level, or in one day to multiple classrooms.

COOKING IT!



Students Will Learn All About Making Healthy Choices and All About The World of Theatre by Putting on a Play!

Living is Learning —
and that's what RCT Residencies are all about.

COOKING IT! is an original musical play designed to facilitate healthy eating and address childhood obesity. After a week long residency in an elementary school, actors from RCT and 4th grade students will perform for the rest of the school. Puppets, music, dance and fun are all entwined to teach youth that healthy eating can be as delicious as fast foods, sugary snacks and soda. Join "Brock Broccoli," "Brussel Sprout" and "Refined Sugar" as they engage your students in this unique participatory approach to a healthier school.

Objective: This 90 minute workshop will stimulate imagination, promote critical thinking, heighten effective listen skills, and strengthen comprehension and learning retention of 4th Grade SOL's by involving all the senses in the learning process.

Grade Level: 4th Grade **Group Size:** Entire Classroom

Classroom Set-Up: Students start at desks at the beginning of the workshop. Requires a clear space in the front of the classroom for rehearsal and performance.

Procedure: Students will be introduced to theatre and the play production process. The Teaching Artist will guide the students through a series of warm-ups, theatre exercises and games to prepare their voices, bodies, and I maginations for the day's activities.

The Artist will engage students in theatre production by creating the hands-on team it takes to bring a play to life. Serving as Producer, the Artist will assign job responsibilities to the students. The students will rehearse the show, create the props, design costume items and ultimately perform the play.



Roanoke Children's Theatre: Professional Theatre for Young Audiences

For more information please call 540-309-6802 or contact Pat Wilhelms, Artistic Director

info@roanokechildrenstheatre.org